

September 14, 2023 | Issue: 31

WHY RANDONNEURING - YOUR OWN POWER.

We present the 2nd installment of 5 short videos created by @mercatorfilms for Randonneurs USA titled Why Randonneuring? In this reel titled, You Own Power, Henrietta talks about the joy and sense of self-satisfaction that comes with riding your bike long distances under your own power; something that many can relate to in our sport of randonneuring.

Don't forget to share this + our new YouTube channel with your cycling community not familiar with randonneuring to share with them what we are all about!



DARK DIVIDE 300

We love when our community shares their passion and expertise with other organizations. Here's an article from the July 2022 Bikepacking journal written by founder Ben Everett (our Instagram guru, #11919) shared about the 4 day scouting party in 2022.

The Dark Divide 300 is a challenging 300 mile mixed-terrain cycling route that traverses the expansive ancestral lands of the Squaxin Island Tribe, Nisqually Tribe of Indians, Cowlitz Indian Tribe, and Confederated Tribes of the Grand Ronde, through what is known commonly as southern Cascade Mountain Range in Washington State, which is encapsulated in the Gifford Pinchot National Forest. The route has 30,480 feet of elevation gain.

Dark Divide 300

Jan Heine (#136) completed it in July and

AUDAX CLUB PARISIEN SUPER RANDONNEUR + CENTENARY 400K MEDAL UPDATES

If you have/will finish an Audax Club Parisien (ACP) Super Randonneur Series this year, the medals are now available for purchase from our store. These will be mailed in the late fall.



Additionally, the Centenary 400k medal is also available in our store. If you finished a

set a Fastest Known Time (FKT). Details on his bike set up, packing list and course recap available [here](#)

TOP TEN WAYS TO CONNECT + STAY CONNECTED WITH RANDONNEURS USA:

1. Website and Announcements on our main webpage: <https://rusa.org/>
2. American Randonneur quarterly journal: <https://rusa.org/pages/magazine>
3. Email us at board@rusa.org
4. Between Controls monthly e-newsletter: <https://rusa.org/pages/between-controls>
5. Randonneurs USA Google group: randonneurs-usa@googlegroups.com
6. Regions list: https://rusa.org/cgi-bin/regionsearch_PF.pl
7. Public Facebook page: <https://www.facebook.com/rusa.org>
8. Members ONLY private Facebook page: https://www.facebook.com/groups/1075883712467790/?hoisted_section_header_type=recently_seen&multi_permlinks=6391520997570675
9. Instagram: <https://www.instagram.com/randonneurs.us/>
10. YouTube channel: <https://youtube.com/@RandonneursUSA>

You are automatically signed up to receive both the quarterly American Randonneur journal and Between Controls monthly e-newsletter when you join.

If you unsubscribe or have unsubscribed to the monthly Between Controls e-newsletter and would like to start receiving it again, please reach out to us at enews@rusa.org and we can add you back.

RANDONNEURING MOMENTS: A VIEW FROM NEW JERSEY...

Drew Lee (#15356)

Location: Manalapan Township, New Jersey

Details: Princeton 600k

US ACP 400k calendared on July 21st-22nd, in a region where the Regional Brevet Administrator is not supplying medals to finishers, you may purchase it in our store [here](#)

2023 CALENDAR/ EVENT TYPES + AWARDS

Access [the 2023 schedule](#) and adventures available to you

Event types described [here](#)

Awards available [here](#)

BEHIND THE SCENES: BOARD MEETING MINUTES MISSION/VALUES/OBJECTIVES

Interested in understanding what's going on behind the scenes and where we are headed?

- Archived board of directors meeting minutes [here](#)
 - Mission, values and organizational principles [here](#)
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COFFEENEURING 2023 SAVE THE DATES

The 2023 Coffeeneuring Challenge will take place from October 7 through November 13, 2023.

Coffeeneuring is a relaxed, yet rules-based, fall cycling challenge where bike riders everywhere are invited to ride their bikes to seven cups of coffee (or tea, hot chocolate, etc.) at seven different coffee locales. This yearly fun challenge was developed by DC Randonneurs member Mary Gersema (#2965) in 2011.

Mary is grateful to everyone who has ever participated and helped make the Coffeeneuring Challenge into what it is today. She invites everyone to take on this relaxing fall tradition in 2023. If you have never tried it before, give it a go. If you are a returning Coffeeneuring Ancien or Ancienne, welcome back. And don't forget to invite your friends and family along for this fall adventure.



RANDONNEURS 5000/10000 AWARD UPDATE: TIME SENSITIVE SEPTEMBER 30th DEADLINE

Award applications are sent to Audax Club Parisien (ACP) annually in October. If you are planning on submitting one or both of these applications using your 2023 Paris-Brest-Paris (PBP) results, use [this form](#) to let us know your plate number.

- We need this by September 30.
- All applications will be automated using our website, no PDF form submissions.
- You will have a window between October 2 through 15 to submit your applications and purchase the awards through our website.
- You must both apply and purchase the award for ACP submission and recognition for R-5000 and R-10000.
- ?'s contact souvenirs@rusa.org

ADDRESS/PROFILE UPDATE

Do you have an update to your address, membership profile and/or email?

Or maybe you want to change your club affiliation?

All changes submitted take 72 hours to take effect.

[Make Changes Here](#)

NEW YOUTUBE CHANNEL

Stay connected + subscribe to our **NEW** YouTube channel.

[Subscribe Here](#)

Randonneurs USA's mission is to promote non-competitive, long-distance cycling and serve as the sanctioning body for randonneuring events in the United States.

Randonneurs USA is a 501(c)(3) tax-exempt nonprofit organization.



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